



**CHALDEAN CATHOLIC MISSION**

**ܡܝܫܝܢܐ ܕܡܫܝܚܐ ܕܡܫܝܚܐ**

# **EVENING PRAYER**

**ACCORDING TO THE EASTERN LITURGY**



Fr. Habib JAJOU

LONDON - 2009



# **EVENING PRAYER**

## **ACCORDING TO THE EASTERN CHURCH LITURGY**

T. Fr. Habib JAJOU

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LONDON

2009

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## Structure of Vespers

- The Glory
- The Lord's Prayer
- Prayer
- Daily psalms
- The Hymn (*Lakhomara*)
- Prayer
- Short psalm
- Hymn
- Prayer
- Psalm (140-141)
- Requests
- Prayer
- Hymn (Holy, Holy...)
- Prayers
- Hymn
- Psalm
- The Lord's Prayer
- Hymns for Martyrs of the church.
- Final prayer
- Exchange the Peace of Christ



## **Dear brothers and sisters in Christ**

This is the second issue on Eastern Church Prayers in English which we have published in London. The first was about the Morning Prayer. I hope we have got a new source, because the prayers were published in Aramaic Lang. and rarely believers in the UK are able to read it.

There are three major parts in the form of the daily vespers according to the Eastern Church Liturgy, a selection of from four to seven psalms, varying with the day of the week, plus short psalms, Intersation, and the Lord's Prayer. The Prayer ends with several prayers, the kiss of peace.

Worth mentioning, the origin of the Eastern Liturgy is ancient. It goes back to the Jews tradition and Fathers of the Eastern Church. In the seventh century was fulfilled in Mosul (north of Iraq) by the patriarch Mar *Isho-Yab III*.

Hoping you will interest in this spiritual food, but we have to keep reading the Bible.

Yours in Christ

Fr Habib JAJOU

## Table of psalms during the first Week

Sunday	Psalms: 11, 12, 13, 14
Monday	Psalms:25, 26, 27
Tuesday	Psalms:62, 63, 64
Wednesday	Psalms:96, 97, 98
Thursday	Psalms:85, 86
Friday	Psalms:144, 145, 146
Saturday	Psalms:65, 66, 67

## The Second Week

Sunday	Psalms: 15, 16, 17
Monday	Psalms: 28, 29, 30
Tuesday	Psalms: 65, 66, 67
Wednesday	Psalms: 99, 100, 101
Thursday	Psalms: 87, 88
Friday	Psalms: 147, 148, 149
Saturday	Psalms:65, 66, 67





In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

Glory to God in the highest, and on earth peace to men on whom his favour rests.

## Our Father

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass  
against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory, for ever  
and ever.  
Amen.



**Prayer:** O Lord, we acknowledge Your Divinity by the Heavenly Praises, worship Your Lord hood by Earthly Genuflection, and glorify Your Eternal Nature by pure thoughts and holy intentions O Lord of all, Father, Son, and Holy Spirit. Amen.

## Psalms of the First week

### Sunday Evening

#### Psalm 11

1 **In the LORD I take refuge;** how can you say to me, "Flee like a bird to the mountains! *Hallelujah, Hallelujah,*

*Hallelujah.* In the LORD I take refuge; how can you say to me,  
"Flee like a bird to the mountains!"

2 See how the wicked string their bows, fit their arrows to the string to shoot from the shadows at the upright.

3 When foundations are being destroyed, what can the upright do?"

4 The LORD is in his holy temple; the LORD'S throne is in heaven. God's eyes keep careful watch; they test all peoples.

5 The LORD tests the good and the bad, hates those who love violence,

6 And rains upon the wicked fiery coals and brimstone, a scorching wind their allotted cup.

7 The LORD is just and loves just deeds; the upright shall see his face.

### **Psalms 12**

2 **Help, LORD, for no one loyal remains;** the faithful have vanished from the human race

3 Those who tell lies to one another speak with deceiving lips and a double heart.

4 May the LORD cut off all deceiving lips, and every boastful tongue,

5 Those who say, "By our tongues we prevail; when our lips speak, who can lord it over us?"

6 "Because they rob the weak, and the needy groan, I will now arise," says the LORD; "I will grant safety to whoever longs for it."

7 The promises of the LORD are sure, silver refined in a crucible, silver purified seven times.

8 LORD, protect us always; preserve us from this generation.

9 On every side the wicked strut; the shameless are extolled by all.

### **Psalms 13**

2 **How long, LORD?** Will you utterly forget me? How long will you hide your face from me?

3 How long must I carry sorrow in my soul, grief in my heart day after day? How long will my enemy triumph over me?

4 Look upon me, answer me, LORD, my God! Give light to my eyes lest I sleep in death,

5 Lest my enemy say, "I have prevailed," lest my foes rejoice at my downfall.

6 I trust in your faithfulness. Grant my heart joy in your help, That I may sing of the LORD, "How good our God has been to me!"

### **Psalms 14**

1 **Fools say in their hearts,** "There is no God." Their deeds are loathsome and corrupt; not one does what is right.

2 The LORD looks down from heaven upon the human race, To see if even one is wise, if even one seeks God.

3 All have gone astray; all alike are perverse. Not one does what is right, not even one.

4 Will these evildoers never learn? They devour my people as they devour bread; they do not call upon the LORD.

5 They have good reason, then, to fear; God is with the company of the just.

6 They would crush the hopes of the poor, but the poor have the LORD as their refuge.

7 Oh that from Zion might come the deliverance of Israel, That Jacob may rejoice, and Israel be glad when the LORD restores his people! **Glory be to the Father and to the Son and to the Holy Spirit From the ages unto the ages. Amen and Amen**  
*Hallelujah, Hallelujah, Hallelujah.*

**Priest:** For all the benefits You have bestowed on us, we thank You Lord and praise You in Your Holy Church forever.

**The (LAKHO MARA) Hymn:** To you who are the Lord of all we give thanks, and we glorify you O Jesus Christ, because you are he who resurrects our bodies, and you are the saviour of our souls.

**It is good to give thanks to the Lord and sing praises to your exalted name:** To you who are the Lord of all we give thanks, and we glorify you O Jesus Christ, because you are he who resurrects our bodies, and you are the saviour of our souls.

**Glory be to the Father and to the Son and to the Holy Spirit From the ages unto the ages. Amen and Amen:** To you who are the Lord of all we give thanks, and we glorify you O Jesus Christ, because you are he who resurrects our bodies, and you are the saviour of our souls.

**Prayer (1):** Really, You will resurrect our bodies, the saviour of our souls, and the protector of our life. We live to always confess, worship, and praise You lord of all Father, Son, and Holy Spirit forever.

**Prayer (2):** We live by Your mercy and good will toward us to always thank, worship, and praise You o lord of all Father Son and Holy Spirit.

**Psalm 141 and 142** (should be prayed every day)

1 LORD, I call to you; come quickly to help me; listen to my plea when I call.

2 Let my prayer be incense before you; my uplifted hands an evening sacrifice.

3 Set a guard, LORD, before my mouth, a gatekeeper at my lips.

4 Do not let my heart incline to evil, or yield to any sin. I will never feast upon the fine food of evildoers.

5 Let the just strike me; that is kindness; let them rebuke me; that is oil for my head. All this I shall not refuse, but will pray despite these trials.

6 When their leaders are cast over the cliff, all will learn that my prayers were heard.

7 As when a farmer plows a field into broken clods, so their bones will be strewn at the mouth of *Sheol*.

8 My eyes are upon you, O GOD, my Lord; in you I take refuge; do not strip me of life.

9 Guard me from the trap they have set for me, from the snares of evildoers.

10 Into their own nets let all the wicked fall, while I make good my own escape.

2 With full voice I cry to the LORD; with full voice I beseech the LORD.

3 Before God I pour out my complaint, lay bare my distress.

4 My spirit is faint within me, but you know my path. Along the way I walk they have hidden a trap for me.

5 I look to my right hand, but no friend is there. There is no escape for me; no one cares for me.

6 I cry out to you, LORD, I say, You are my refuge, my portion in the land of the living.

7 Listen to my cry for help, for I am brought very low. Rescue me from my pursuers, for they are too strong for me.

8 Lead me out of my prison, that I may give thanks to your name. Then the just shall gather around me because you have been good to me.

## Requests

**Server:** Let us stand well, with sadness<sup>1</sup> and effort and let us implore and say: LORD have mercy.

**People:** LORD have mercy.

**Server:** For the peace, the harmony and the well being of the whole world and of all churches, we implore You.

**People:** LORD have mercy.

**Server:** For good weather, a fertile season, the abundance of fruits and for the hungry to have food, we implore You.

**People:** LORD have mercy.

**Server:** For the good health of our spiritual fathers, Mar (Pope's name) the supreme pontiff and the Pope of Rome, Mar (Patriarch's name) our Patriarch and Mar (Bishop's name) our Bishop and for all those who are working with them, we implore You.

**People:** LORD have mercy.

**Server:** For our priests and for the deacons of the church, and for all Christians, we implore You.

**People:** LORD have mercy.

**Server:** For all our beloved brothers and sisters who passed away in the hope of the Resurrection ,grant them eternal joy in your kingdom, we implore You.

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<sup>1</sup>In Saturday evening server should say: with joy and gladness

**People:** LORD have mercy.

**Server:** Together, let us entrust our souls to the Father, to the Son, and to the Holy Spirit.

**Prayer:** To you O almighty Lord we raise our bodies and souls. We appeal You O our Lord and God to forgive our faults and sins. Give us as You have promised us always by Your gift and mercy O Lord of all.

**Server:** Raise your voice and praise the living God, Holy God, almighty, and immortal, have mercy on our souls.

**Glory be to the Father and to the Son and to the Holy Spirit.** , Holy God, almighty, and immortal, have mercy on us.

**From the ages unto the ages. Amen and Amen,** Holy God, almighty, and immortal, have mercy on us.

**Prayer:** He is holy, glorified, almighty, and immortal, live among the saints. We ask You O Lord to heed on us, forgive and have mercy on us as You promised us all the time O Lord of all, Father the Son and the Holy Spirit forever.

**Server:** Let us bow our heads and pray for God's blessings.

**Priest:** As we passed our souls to the whole believing in Your glorified Trinity, in the same covenant of love we are worth to offer You glory, honour, and thanksgiving, O Lord of all: Father, Son, and Holy Spirit, forever.

## **Our Father**

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses as we forgive those who  
trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom, the power and the glory, for ever  
and ever. Amen.

**Final Prayers:** Glory be to God, honour be to Angels, shyness to Satan, kneeling to the Cross, highness to the church, resurrection be to the departed, acceptance for to the repentances, freedom for the captured, healing and good health to the sufferers and the sick, great security and peace be to the four corners of the world, God's kindness and mercy may always descend, befall, fill, strength, and possess us (the weak and the sinners), now and forever. Amen.

**Exchange the Peace of Christ**

**The End of a day vespers**



## Monday Evening

### Psalms 25

- 1 **I wait for you, O LORD; I lift up my soul**  
2 to my God. In you I trust; do not let me be disgraced; do not let my enemies gloat over me.
- 3 No one is disgraced who waits for you, but only those who lightly break faith.
- 4 Make known to me your ways, LORD; teach me your paths.
- 5 Guide me in your truth and teach me, for you are God my savior. For you I wait all the long day, because of your goodness, LORD.
- 6 Remember your compassion and love, O LORD; for they are ages old.
- 7 Remember no more the sins of my youth; remember me only in light of your love.
- 8 Good and upright is the LORD, who shows sinners the way,  
9 Guides the humble rightly, and teaches the humble the way.
- 10 All the paths of the LORD are faithful love toward those who honor the covenant demands.
- 11 For the sake of your name, LORD, pardon my guilt, though it is great.
- 12 Who are those who fear the LORD? God shows them the way to choose.
- 13 They live well and prosper, and their descendants inherit the land.
- 14 The counsel of the LORD belongs to the faithful; the covenant instructs them.
- 15 My eyes are ever upon the LORD, who frees my feet from the snare.
- 16 Look upon me, have pity on me, for I am alone and afflicted.
- 17 Relieve the troubles of my heart; bring me out of my distress.
- 18 Put an end to my affliction and suffering; take away all my sins.

19 See how many are my enemies, see how fiercely they hate me.

20 Preserve my life and rescue me; do not let me be disgraced, for I trust in you.

21 Let honesty and virtue preserve me; I wait for you, O LORD.

22 Redeem Israel, God, from all its distress!

### **Psalms 26**

1 **Grant me justice, LORD!** I have walked without blame. In the LORD I have trusted; I have not faltered.

2 Test me, LORD, and try me; search my heart and mind.

3 Your love is before my eyes; I walk guided by your faithfulness.

4 I do not sit with deceivers, nor with hypocrites do I mingle.

5 I hate the company of evildoers; with the wicked I do not sit.

6 I will wash my hands in innocence and walk round your altar, LORD,

7 Lifting my voice in thanks, recounting all your wondrous deeds.

8 LORD, I love the house where you dwell, the tenting-place of your glory.

9 Do not take me away with sinners, nor my life with the violent.

10 Their hands carry out their schemes; their right hands are full of bribes.

11 But I walk without blame; redeem me, be gracious to me!

### **Psalms 27**

1 **The LORD is my light and my salvation;** whom do I fear? The LORD is my life's refuge; of whom am I afraid?

2 When evildoers come at me to devour my flesh, These my enemies and foes themselves stumble and fall.

3 Though an army encamp against me, my heart does not fear;  
Though war be waged against me, even then do I trust.

4 One thing I ask of the LORD; this I seek: To dwell in the  
LORD'S house all the days of my life, To gaze on the LORD'S  
beauty, to visit his temple.

5 For God will hide me in his shelter in time of trouble, Will  
conceal me in the cover of his tent; and set me high upon a  
rock.

6 Even now my head is held high above my enemies on every  
side! I will offer in his tent sacrifices with shouts of joy; I will  
sing and chant praise to the LORD.

7 Hear my voice, LORD, when I call; have mercy on me and  
answer me.

8 "Come," says my heart, "seek God's face"; your face, LORD,  
do I seek!

9 Do not hide your face from me; do not repel your servant in  
anger. You are my help; do not cast me off; do not forsake me,  
God my savior!

10 Even if my father and mother forsake me, the LORD will  
take me in.

11 LORD, show me your way; lead me on a level path because  
of my enemies.

12 Do not abandon me to the will of my foes; malicious and  
lying witnesses have risen against me.

13 But I believe I shall enjoy the LORD'S goodness in the land  
of the living.

14 Wait for the LORD, take courage; be stouthearted, wait for  
the LORD! **Glory be to the Father and to the Son and to the  
Holy Spirit From the ages unto the ages. Amen and Amen**  
*Hallelujah, Hallelujah, Hallelujah.*

## Tuesday Evening

### **Psalms 62**

2 **My soul rests in God alone**, from whom comes my salvation.

3 God alone is my rock and salvation, my secure height; I shall never fall.

4 How long will you set upon people, all of you beating them down, As though they were a sagging fence or a battered wall?

5 Even from my place on high they plot to dislodge me. They delight in lies; they bless with their mouths, but inwardly they curse. Selah

6 My soul, be at rest in God alone, from whom comes my hope.

7 God alone is my rock and my salvation, my secure height; I shall not fall.

8 My safety and glory are with God, my strong rock and refuge.

9 Trust God at all times, my people! Pour out your hearts to God our refuge! Selah

10 Mortals are a mere breath, the powerful but an illusion; On a balance they rise; together they are lighter than air.

11 Do not trust in extortion; in plunder put no empty hope. Though wealth increase, do not set your heart upon it.

12 One thing God has said; two things I have heard: Power belongs to God;

13 so too, Lord, does kindness, And you render to each of us according to our deeds.

### **Psalms 63**

2 **O God, you are my God**-- for you I long! For you my body yearns; for you my soul thirsts, Like a land parched, lifeless, and without water.

3 So I look to you in the sanctuary to see your power and glory.

4 For your love is better than life; my lips offer you worship!

5 I will bless you as long as I live; I will lift up my hands, calling on your name.

6 My soul shall savor the rich banquet of praise, with joyous lips my mouth shall honor you!

7 When I think of you upon my bed, through the night watches I will recall

8 That you indeed are my help, and in the shadow of your wings I shout for joy.

9 My soul clings fast to you; your right hand upholds me.

10 But those who seek my life will come to ruin; they shall go down to the depths of the earth!

11 They shall be handed over to the sword and become the prey of jackals!

12 But the king shall rejoice in God; all who swear by the Lord shall exult, for the mouths of liars will be shut!

### **Psalms 64**

2 **O God, hear my anguished voice;** from the foes I dread protect my life.

3 Hide me from the malicious crowd, the mob of evildoers.

4 They sharpen their tongues like swords, ready their bows for arrows of poison words.

5 They shoot at the innocent from ambush, shoot without risk, catch them unawares.

6 They resolve on their wicked plan; they conspire to set snares; they say: "Who will see us?"

7 They devise wicked schemes, conceal the schemes they devise; the designs of their hearts are hidden.

8 But God will shoot arrows at them and strike them unawares.

9 They will be brought down by their own tongues; all who see them will shake their heads.

10 Then all will fear and proclaim God's deed, pondering what has been done.

11 The just will rejoice and take refuge in the LORD; all the upright will glory in their God. **Glory be to the Father and to the Son and to the Holy Spirit From the ages unto the ages. Amen and Amen Hallelujah, Hallelujah, Hallelujah.**

## Wednesday Evening

### **Psalms 96**

1 **Sing to the LORD a new song**; sing to the LORD, all the earth.

2 Sing to the LORD, bless his name; announce his salvation day after day.

3 Tell God's glory among the nations; among all peoples, God's marvelous deeds.

4 For great is the LORD and highly to be praised, to be feared above all gods.

5 For the gods of the nations all do nothing, but the LORD made the heavens.

6 Splendor and power go before him; power and grandeur are in his holy place.

7 Give to the LORD, you families of nations, give to the LORD glory and might;

8 give to the LORD the glory due his name! Bring gifts and enter his courts;

9 bow down to the LORD, splendid in holiness. Tremble before God, all the earth;

10 say among the nations: The LORD is king. The world will surely stand fast, never to be moved. God rules the peoples with fairness.

11 Let the heavens be glad and the earth rejoice; let the sea and what fills it resound;

12 let the plains be joyful and all that is in them. Then let all the trees of the forest rejoice

13 before the LORD who comes, who comes to govern the earth, To govern the world with justice and the peoples with faithfulness.

## **Psalms 97**

1 **The LORD is king**; let the earth rejoice; let the many islands be glad.

2 Cloud and darkness surround the Lord; justice and right are the foundation of his throne.

3 Fire goes before him; everywhere it consumes the foes.

4 Lightning illumines the world; the earth sees and trembles.

5 The mountains melt like wax before the LORD, before the Lord of all the earth.

6 The heavens proclaim God's justice; all peoples see his glory.

7 All who serve idols are put to shame, who glory in worthless things; all gods bow down before you.

8 Zion hears and is glad, and the cities of Judah rejoice because of your judgments, O LORD.

9 You, LORD, are the Most High over all the earth, exalted far above all gods.

10The LORD loves those who hate evil, protects the lives of the faithful, rescues them from the hand of the wicked.

11Light dawns for the just; gladness, for the honest of heart.

12Rejoice in the LORD, you just, and praise his holy name.

## **Psalms 98**

1**Sing a new song to the LORD**, who has done marvelous deeds, Whose right hand and holy arm have won the victory.

2The LORD has made his victory known; has revealed his triumph for the nations to see,

3Has remembered faithful love toward the house of Israel. All the ends of the earth have seen the victory of our God.

4Shout with joy to the LORD, all the earth; break into song; sing praise.

5Sing praise to the LORD with the harp, with the harp and melodious song.

6With trumpets and the sound of the horn shout with joy to the King, the LORD.

7 Let the sea and what fills it resound, the world and those who dwell there.

8 Let the rivers clap their hands, the mountains shout with them for joy,

9 Before the LORD who comes, who comes to govern the earth, To govern the world with justice and the peoples with fairness.

**Glory be to the Father and to the Son and to the Holy Spirit From the ages unto the ages. Amen and Amen *Hallelujah, Hallelujah, Hallelujah.***

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## Thursday Evening

### **Psalms 85**

2 **You once favoured, LORD**, your land, restored the good fortune of Jacob.

3 You forgave the guilt of your people, pardoned all their sins. Selah

4 You withdrew all your wrath, turned back your burning anger.

5 Restore us once more, God our savior; abandon your wrath against us.

6 Will you be angry with us forever, drag out your anger for all generations?

7 Please give us life again, that your people may rejoice in you.

8 Show us, LORD, your love; grant us your salvation.

9 I will listen for the word of God; surely the LORD will proclaim peace To his people, to the faithful, to those who trust in him.

10 Near indeed is salvation for the loyal; prosperity will fill our land.

11 Love and truth will meet; justice and peace will kiss.

12 Truth will spring from the earth; justice will look down from heaven.



13 The LORD will surely grant abundance; our land will yield its increase.

14 Prosperity will march before the Lord, and good fortune will follow behind.

## **Psalms 86**

1 **Hear me, LORD**, and answer me, for I am poor and oppressed.

2 Preserve my life, for I am loyal; save your servant who trusts in you.

3 You are my God; pity me, Lord; to you I call all the day.

4 Gladden the soul of your servant; to you, Lord, I lift up my soul.

5 Lord, you are kind and forgiving, most loving to all who call on you.

6 LORD, hear my prayer; listen to my cry for help.

7 In this time of trouble I call, for you will answer me.

8 None among the gods can equal you, O Lord; nor can their deeds compare to yours.

9 All the nations you have made shall come to bow before you, Lord, and give honor to your name.

10 For you are great and do wondrous deeds; and you alone are God.

11 Teach me, LORD, your way that I may walk in your truth, single-hearted and revering your name.

12 I will praise you with all my heart, glorify your name forever, Lord my God.

13 Your love for me is great; you have rescued me from the depths of Sheol.

14 O God, the arrogant have risen against me; a ruthless band has sought my life; to you they pay no heed.

15 But you, Lord, are a merciful and gracious God, slow to anger, most loving and true.

16 Turn to me, have pity on me; give your strength to your servant; save this child of your handmaid.

17 Give me a sign of your favor: make my enemies see, to their confusion, that you, LORD, help and comfort me. **Glory be to the Father and to the Son and to the Holy Spirit From the ages unto the ages. Amen and Amen** *Hallelujah, Hallelujah, Hallelujah.*

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## Friday Evening

### **Psalms 144**

1 **Blessed be the LORD**, my rock, who trains my hands for battle, my fingers for war;

2 My safe guard and my fortress, my stronghold, my deliverer, My shield, in whom I trust, who subdues peoples under me.

3 LORD, what are mortals that you notice them; human beings, that you take thought of them?

4 They are but a breath; their days are like a passing shadow.

5 LORD, incline your heavens and come; touch the mountains and make them smoke.

6 Flash forth lightning and scatter my foes; shoot your arrows and rout them.

7 Reach out your hand from on high; deliver me from the many waters; rescue me from the hands of foreign foes.

8 Their mouths speak untruth; their right hands are raised in lying oaths.

9 O God, a new song I will sing to you; on a ten-stringed lyre I will play for you.

10 You give victory to kings; you delivered David your servant. From the menacing sword

11 deliver me; rescue me from the hands of foreign foes. Their mouths speak untruth; their right hands are raised in lying oaths.

12 May our sons be like plants well nurtured from their youth,  
Our daughters, like carved columns, shapely as those of the temple.

13 May our barns be full with every kind of store. May our sheep increase by thousands, by tens of thousands in our fields; may our oxen be well fattened.

14 May there be no breach in the walls, no exile, no outcry in our streets.

15 Happy the people so blessed; happy the people whose God is the LORD.

### **Psalms 145**

1 **I will extol you**, my God and king; I will bless your name forever.

2 Every day I will bless you; I will praise your name forever.

3 Great is the LORD and worthy of high praise; God's grandeur is beyond understanding.

4 One generation praises your deeds to the next and proclaims your mighty works.

5 They speak of the splendour of your majestic glory, tell of your wonderful deeds.

6 They speak of your fearsome power and attest to your great deeds.

7 They publish the renown of your abounding goodness and joyfully sing of your justice.

8 The LORD is gracious and merciful, slow to anger and abounding in love.

9 The LORD is good to all, compassionate to every creature.

10 All your works give you thanks, O LORD and your faithful bless you.

11 They speak of the glory of your reign and tell of your great works,

12 Making known to all your power, the glorious splendour of your rule.

13 Your reign is a reign for all ages, your dominion for all generations. The LORD is trustworthy in every word, and faithful in every work.

14 The LORD supports all who are falling and raises up all who are bowed down.

15 The eyes of all look hopefully to you; you give them their food in due season.

16 You open wide your hand and satisfy the desire of every living thing.

17 You, LORD, are just in all your ways, faithful in all your works.

18 You, LORD, are near to all who call upon you, to all who call upon you in truth.

19 You satisfy the desire of those who fear you; you hear their cry and save them.

20 You, LORD, watch over all who love you, but all the wicked you destroy.

21 My mouth will speak your praises, LORD; all flesh will bless your holy name forever.

## **Psalms 146**

### **1 Hallelujah!**

2 Praise the LORD, my soul; I shall praise the LORD all my life, sing praise to my God while I live.

3 I Put no trust in princes, in mere mortals powerless to save.

4 When they breathe their last, they return to the earth; that day all their planning comes to nothing.

5 Happy those whose help is Jacob's God, whose hope is in the LORD, their God,

6 The maker of heaven and earth, the seas and all that is in them, Who keeps faith forever,

7 secures justice for the oppressed, gives food to the hungry. The LORD sets prisoners free;

8 the LORD gives sight to the blind. The LORD raises up those who are bowed down; the LORD loves the righteous.

9 The LORD protects the stranger, sustains the orphan and the widow, but thwarts the way of the wicked.

10 The LORD shall reign forever, your God, Zion, through all generations! Hallelujah! **Glory be to the Father and to the Son and to the Holy Spirit From the ages unto the ages. Amen and Amen** *Hallelujah, Hallelujah, Hallelujah.*

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## Saturday Evening

### **Psalms 65**

2 **To you we owe our hymn of praise**, O God on Zion; To you our vows must be fulfilled,

3 you who hear our prayers. To you all flesh must come  
4 with its burden of wicked deeds. We are overcome by our sins; only you can pardon them.

5 Happy the chosen ones you bring to dwell in your courts. May we be filled with the good things of your house, the blessings of your holy temple!

6 You answer us with awesome deeds of justice, O God our savior, The hope of all the ends of the earth and of far distant islands.

7 You are robed in power; you set up the mountains by your might.

8 You still the roaring of the seas, the roaring of their waves, the tumult of the peoples.

9 Distant peoples stand in awe of your marvels; east and west you make resound with joy.

10 You visit the earth and water it, make it abundantly fertile. God's stream is filled with water; with it you supply the world with grain. Thus do you prepare the earth:

11 you drench plowed furrows, and level their ridges. With showers you keep the ground soft, blessing its young sprouts.

12 You adorn the year with your bounty; your paths drip with fruitful rain.

13 The untilled meadows also drip; the hills are robed with joy.  
14 The pastures are clothed with flocks, the valleys blanketed with grain; they cheer and sing for joy.

### **Psalms 66**

2 **Shout joyfully to God**, all you on earth; sing of his glorious name; give him glorious praise.

3 Say to God: "How awesome your deeds! Before your great strength your enemies cringe.

4 All on earth fall in worship before you; they sing of you, sing of your name!" Selah

5 Come and see the works of God, awesome in the deeds done for us.

6 He changed the sea to dry land; through the river they passed on foot. Therefore let us rejoice in him,

7 who rules by might forever, Whose eyes are fixed upon the nations. Let no rebel rise to challenge! Selah

8 Bless our God, you peoples; loudly sound his praise,

9 Who has kept us alive and not allowed our feet to slip.

10 You tested us, O God, tried us as silver tried by fire.

11 You led us into a snare; you bound us at the waist as captives.

12 You let captors set foot on our neck; we went through fire and water; then you led us out to freedom.

13 I will bring holocausts to your house; to you I will fulfill my vows,

14 The vows my lips pronounced and my mouth spoke in distress.

15 Holocausts of fatlings I will offer you and burnt offerings of rams; I will sacrifice oxen and goats. Selah

16 Come and hear, all you who fear God, while I recount what has been done for me.

17 I called to the Lord with my mouth; praise was upon my tongue.

18 Had I cherished evil in my heart, the Lord would not have heard.

19 But God did hear and listened to my voice in prayer.

20 Blessed be God, who did not refuse me the kindness I sought in prayer.

### **Psalms 67**

2 **May God be gracious to us** and bless us; may God's face shine upon us. Selah

3 So shall your rule be known upon the earth, your saving power among all the nations.

4 May the peoples praise you, God; may all the peoples praise you!

5 May the nations be glad and shout for joy; for you govern the peoples justly, you guide the nations upon the earth. Selah

6 May the peoples praise you, God; may all the peoples praise you!

7 The earth has yielded its harvest; God, our God, blesses us.

8 May God bless us still; that the ends of the earth may revere our God. **Glory be to the Father and to the Son and to the Holy Spirit From the ages unto the ages. Amen and Amen**  
*Hallelujah, Hallelujah, Hallelujah.*



# The Second Week

## Sunday Evening

### Psalm 15

1 who may abide in your tent? Who may dwell on your holy mountain?

2 Whoever walks without blame, doing what is right, speaking truth from the heart;

3 Who does not slander a neighbour, does no harm to another, never defames a friend;

4 Who disdains the wicked, but honours those who fear the LORD; Who keeps an oath despite the cost,

5 lends no money at interest, accepts no bribe against the innocent. III Whoever acts like this shall never be shaken.

### Psalm 16

1 Keep me safe, O God; in you I take refuge

2 I say to the Lord, you are my Lord, you are my only good.

3 Worthless are all the false gods of the land. Accursed are all who delight in them.

4 They multiply their sorrows who court other gods. Blood libations to them I will not pour out, nor will I take their names upon my lips.

5 LORD, my allotted portion and my cup, you have made my destiny secure.

6 Pleasant places were measured out for me; fair to me indeed is my inheritance.

7 I bless the LORD who counsels me; even at night my heart exhorts me.

8 I keep the LORD always before me; with the Lord at my right, I shall never be shaken.



9 Therefore my heart is glad, my soul rejoices; my body also dwells secure,

10 For you will not abandon me to Sheol, nor let your faithful servant see the pit.

11 You will show me the path to life, abounding joy in your presence, the delights at your right hand forever.

### **Psalm 17**

1 Hear, LORD, my plea for justice; pay heed to my cry; Listen to my prayer spoken without guile.

2 From you let my vindication come; your eyes see what is right.

3 You have tested my heart, searched it in the night. You have tried me by fire, but find no malice in me. My mouth has not transgressed

4 as humans often do. As your lips have instructed me, I have kept the way of the law.

5 My steps have kept to your paths; my feet have not faltered.

6 I call upon you; answer me, O God. Turn your ear to me; hear my prayer.

7 Show your wonderful love, you who deliver with your right arm those who seek refuge from their foes.

8 Keep me as the apple of your eye; hide me in the shadow of your wings

9 from the violence of the wicked.

10 My ravenous enemies press upon me; they close their hearts, they fill their mouths with proud roaring.

11 Their steps even now encircle me; they watch closely, keeping low to the ground,

12 Like lions eager for prey, like young lions lurking in ambush.

13 Rise, O LORD, confront and cast them down; rescue me so from the wicked.

14 Slay them with your sword; with your hand, LORD, slay them; snatch them from the world in their prime. Their bellies

are being filled with your friends; their children are satisfied too, for they share what is left with their young.

15 I am just--let me see your face; when I awake, let me be filled with your presence. **Glory be to the Father and to the Son and to the Holy Spirit From the ages unto the ages. Amen and Amen** *Hallelujah, Hallelujah, Hallelujah.*

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## **Monday Evening**

### **Psalm 28**

1 To you, LORD, I call; my Rock, do not be deaf to me. If you fail to answer me, I will join those who go down to the pit.

2 Hear the sound of my pleading when I cry to you, lifting my hands toward your holy place.

3 Do not drag me off with the wicked, with those who do wrong, Who speak peace to their neighbors though evil is in their hearts.

4 Repay them for their deeds, for the evil that they do. For the work of their hands repay them; give them what they deserve.

5 They pay no heed to the LORD'S works, to the deeds of God's hands. God will tear them down, never to be rebuilt.

6 Blessed be the LORD, who has heard the sound of my pleading.

7 The LORD is my strength and my shield, in whom my heart trusted and found help. So my heart rejoices; with my song I praise my God.

8 LORD, you are the strength of your people, the saving refuge of your anointed king.

9 Save your people, bless your inheritance; feed and sustain them forever!

### **Psalm 29**

1 Give to the LORD, you heavenly beings, give to the LORD  
glory and might;  
2 Give to the LORD the glory due God's name. Bow down  
before the LORD'S holy splendor!  
3 The voice of the LORD is over the waters; the God of glory  
thunders, the LORD, over the mighty waters.  
4 The voice of the LORD is power; the voice of the LORD is  
splendor.  
5 The voice of the LORD cracks the cedars; the LORD  
splinters the cedars of Lebanon,  
6 Makes Lebanon leap like a calf, and Sirion like a young bull.  
7 The voice of the LORD strikes with fiery flame;  
8 the voice of the LORD rocks the desert; the LORD rocks the  
desert of Kadesh.  
9 The voice of the LORD twists the oaks and strips the forests  
bare. All in his palace say, "Glory!"  
10 The LORD sits enthroned above the flood! The LORD  
reigns as king forever!  
11 May the LORD give might to his people; may the LORD  
bless his people with peace!

### **Psalm 30**

2 I praise you, LORD, for you raised me up and did not let my  
enemies rejoice over me.  
3 O LORD, my God, I cried out to you and you healed me.  
4 LORD, you brought me up from Sheol; you kept me from  
going down to the pit.  
5 Sing praise to the LORD, you faithful; give thanks to God's  
holy name.  
6 For divine anger lasts but a moment; divine favor lasts a  
lifetime. At dusk weeping comes for the night; but at dawn  
there is rejoicing.  
7 Complacent, I once said, "I shall never be shaken."  
8 LORD, when you showed me favor I stood like the mighty  
mountains. But when you hid your face I was struck with terror.

9 To you, LORD, I cried out; with the Lord I pleaded for mercy:

10 "What gain is there from my lifeblood, from my going down to the grave? Does dust give you thanks or declare your faithfulness?"

11 Hear, O LORD, have mercy on me; LORD, be my helper."

12 You changed my mourning into dancing; you took off my sackcloth and clothed me with gladness.

13 With my whole being I sing endless praise to you. O LORD, my God, forever will I give you thanks. **Glory be to the Father and to the Son and to the Holy Spirit From the ages unto the ages. Amen and Amen** *Hallelujah, Hallelujah, Hallelujah.*

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## **Tuesday Evening**

(The same psalms for Saturday – 65, 66, 67)

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## **Wednesday Evening**

### **Psalm 99**

1 The LORD is king, the peoples tremble; God is enthroned on the cherubim, the earth quakes.

2 The LORD is great on Zion, exalted above all the peoples.

3 Let them praise your great and awesome name: Holy is God!

4 O mighty king, lover of justice, you alone have established fairness; you have created just rule in Jacob.

5 Exalt the LORD, our God; bow down before his footstool; holy is God!

6 Moses and Aaron were among his priests, Samuel among those who called on God's name; they called on the LORD, who answered them.

7 From the pillar of cloud God spoke to them; they kept the decrees, the law they received.

8 O LORD, our God, you answered them; you were a forgiving God, though you punished their offenses.

9 Exalt the LORD, our God; bow down before his holy mountain; holy is the LORD, our God.

### **Psalm 100**

1 Shout joyfully to the LORD, all you lands;

2 worship the LORD with cries of gladness; come before him with joyful song.

3 Know that the LORD is God, our maker to whom we belong, whose people we are, God's well-tended flock.

4 Enter the temple gates with praise, its courts with thanksgiving. Give thanks to God, bless his name;

5 good indeed is the LORD, Whose love endures forever, whose faithfulness lasts through every age.

### **Psalm 101**

1 A psalm of David. <sup>1</sup> I sing of love and justice; to you, LORD, I sing praise.

2 I follow the way of integrity; when will you come to me? I act with integrity of heart within my royal court.

3 I do not allow into my presence anyone who speaks perversely. Whoever acts shamefully I hate; no such person can be my friend.

4 I shun the devious of heart; the wicked I do not tolerate.

5 Whoever slanders another in secret I reduce to silence. Haughty eyes and arrogant hearts I cannot endure.

6 I look to the faithful of the land; they alone can be my companions. Those who follow the way of integrity, they alone can enter my service.

7 No one who practices deceit can hold a post in my court. No one who speaks falsely can be among my advisors.

8 Each morning I clear the wicked from the land, and rid the LORD'S city of all evildoers. **Glory be to the Father and to the Son and to the Holy Spirit From the ages unto the ages. Amen and Amen** *Hallelujah, Hallelujah, Hallelujah.*

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## Thursday Evening

### Psalm 87

1 The LORD loves the city founded on holy mountains,  
2 Loves the gates of Zion more than any dwelling in Jacob.  
3 Glorious things are said of you, O city of God! Selah  
4 From Babylon and Egypt I count those who acknowledge the LORD. Philistia, Ethiopia, Tyre, of them it can be said: "This one was born there."  
5 But of Zion it must be said: "They all were born here." The Most High confirms this;  
6 the Lord notes in the register of the peoples: "This one was born here." Selah  
7 So all sing in their festive dance: "Within you is my true home."

### Psalm 88

2 LORD, my God, I call out by day; at night I cry aloud in your presence.  
3 Let my prayer come before you; incline your ear to my cry.  
4 For my soul is filled with troubles; my life draws near to *Sheol*.  
5 I am reckoned with those who go down to the pit; I am weak, without strength.

6 My couch is among the dead, with the slain who lie in the grave. You remember them no more; they are cut off from your care.

7 You plunged me into the bottom of the pit, into the darkness of the abyss.

8 Your wrath lies heavy upon me; all your waves crash over me. Selah

9 Because of you my friends shun me; you make me loathsome to them; Caged in, I cannot escape;

10 my eyes grow dim from trouble. All day I call on you, LORD; I stretch out my hands to you.

11 Do you work wonders for the dead? Do the shades arise and praise you? Selah

12 Is your love proclaimed in the grave, your fidelity in the tomb?

13 Are your marvels declared in the darkness, your righteous deeds in the land of oblivion?

14 But I cry out to you, LORD; in the morning my prayer comes before you.

15 Why do you reject me, LORD? Why hide your face from me?

16 I am mortally afflicted since youth; lifeless, I suffer your terrible blows.

17 Your wrath has swept over me; your terrors have reduced me to silence.

18 All the day they surge round like a flood; from every side they close in on me.

19 Because of you companions shun me; my only friend is darkness. **Glory be to the Father and to the Son and to the Holy Spirit From the ages unto the ages. Amen and Amen**  
*Hallelujah, Hallelujah, Hallelujah.*

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## Friday Evening

### Psalm 147

- 1 Hallelujah! How good to celebrate our God in song; how sweet to give fitting praise.
- 2 The LORD rebuilds Jerusalem, gathers the dispersed of Israel,
- 3 Heals the brokenhearted, binds up their wounds,
- 4 Numbers all the stars, calls each of them by name.
- 5 Great is our Lord, vast in power, with wisdom beyond measure.
- 6 The LORD sustains the poor, but casts the wicked to the ground.
- 7 Sing to the LORD with thanksgiving; with the lyre celebrate our God,
- 8 Who covers the heavens with clouds, provides rain for the earth, makes grass sprout on the mountains,
- 9 Who gives animals their food and ravens what they cry for.
- 10 God takes no delight in the strength of horses, no pleasure in the runner's stride.
- 11 Rather the LORD takes pleasure in the devout, those who await his faithful care.
- 12 Glorify the LORD, Jerusalem; Zion, offer praise to your God,
- 13 Who has strengthened the bars of your gates, blessed your children within you,
- 14 Brought peace to your borders, and filled you with finest wheat.
- 15 The LORD sends a command to earth; his word runs swiftly!
- 16 Thus snow is spread like wool, frost is scattered like ash,
- 17 Hail is dispersed like crumbs; before such cold the waters freeze.
- 18 Again he sends his word and they melt; the wind is unleashed and the waters flow.
- 19 The LORD also proclaims his word to Jacob, decrees and laws to Israel.



20 God has not done this for other nations; of such laws they know nothing. Hallelujah!

### **Psalm 148**

1 Hallelujah! Praise the LORD from the heavens; give praise in the heights.

2 Praise him, all you angels; give praise, all you hosts.

3 Praise him, sun and moon; give praise, all shining stars.

4 Praise him, highest heavens, you waters above the heavens.

5 Let them all praise the LORD'S name; for the LORD commanded and they were created,

6 Assigned them duties forever, gave them tasks that will never change.

7 Praise the LORD from the earth, you sea monsters and all deep waters;

8 You lightning and hail, snow and clouds, storm winds that fulfill his command;

9 You mountains and all hills, fruit trees and all cedars;

10 You animals wild and tame, you creatures that crawl and fly;

11 You kings of the earth and all peoples, princes and all who govern on earth;

12 Young men and women too, old and young alike.

13 Let them all praise the LORD'S name, for his name alone is exalted, majestic above earth and heaven.

14 The LORD has lifted high the horn of his people; to the glory of all the faithful, of Israel, the people near to their God. Hallelujah!

### **Psalm 149**

1 Hallelujah! Sing to the LORD a new song, a hymn in the assembly of the faithful.

2 Let Israel be glad in their maker, the people of Zion rejoice in their king.

3 Let them praise his name in festive dance, make music with tambourine and lyre.

4 For the LORD takes delight in his people, honors the poor with victory.

5 Let the faithful rejoice in their glory, cry out for joy at their banquet,

6 With the praise of God in their mouths, and a two-edged sword in their hands,

7 To bring retribution on the nations, punishment on the peoples,

8 To bind their kings with chains, shackle their nobles with irons,

9 To execute the judgments decreed for them-- such is the glory of all God's faithful. Hallelujah! **Glory be to the Father and to the Son and to the Holy Spirit From the ages unto the ages. Amen and Amen** *Hallelujah, Hallelujah, Hallelujah.*

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## **Saturday Evening**

(The same psalms for Saturday of the first week – 65, 66, 67)

### **REQUESTS FOR LENT SEASON**

- **Server:** Let Him hear the voices of our prayers and to receive our supplication with mercy for the sake of the Holy Catholic church present everywhere, we pray and beseech God lord of everyone.
- **People:** Amen.
- **S:** Let His peace and protection befall on it till the end of the world. For our fatherly bishops, we pray and beseech God lord of everyone.
- **P:** Amen.

- **S:** To lead their congregation without shame and blame all the days of their lives, we pray and beseech God Lord of everyone
- **P:** Amen.
- **S:** To preserve and ascertain them on their congregation to take care, serve and prepare for God a completed nation competing on pious deeds, for the priests and deacons present in this true service, we pray and beseech God Lord of everyone.
- **P:** Amen.
- **S:** To serve Him with pure hearts and virtues intentions for all the children of the Holy Catholic Church, we pray and beseech God Lord of all.
- **P:** Amen.
- **S:** To continue pursuing their sacred preaching and accept from the Lord hope and pledge in the house of life. For the remembrance of the Virgin Mary mother of Christ our saviour and giver of life, We pray and beseech God lord of everyone.
- **P:** Amen.
- **S:** For the Holy Spirit that befell on Her sanctify us with it's grace and to continue with us His will and to seal with His rightness with us all our lives. For the remembrance of prophets, apostles and martyrs and the confessors, We pray and beseech God lord of everyone.
- **P:** Amen.
- **S:** With their prayers and requests He will protect the right to educate their leadership and pure faithfulness within the Holy Catholic Church till the end of time. For the remembrance of our fathers and true brethrens that transitioned and left this word with trustworthiness, we pray and beseech God lord of all.
- **P:** Amen.

- **S:** To leave behind and to forget their laxity and oversights and to qualify them to delight with the pious and sincere ones who strive to do his will. For this parish and its members and for this house and the people concerned with it especially for our own people, we pray and beseech God Lord of all.
- **P:** Amen.
- **S:** With His grace let Him distance from us war, captivity, plunder, disease, thirst, starvation and vile strikes against our bodies. For the sake of those delusion from true faithfulness and impeded by the devil's traps, we pray and beseech God lord of everyone.
- **P:** Amen.
- **S:** To requite the crudeness of their hearts and to be known in them that God is the Father of rightness and His Son Jesus Christ our Lord. For the sick of difficult illnesses and used by the evil spirits, we pray and beseech God Lord of all.
- **P:** Amen.
- **S:** To send them the angel of mercy and healing to visit and consol them with his plentiful mercy and grace. For the poor wretched, orphans, widows, agitated and the anguished souls in this world, we pray and beseech God lord of all.
- **P:** Amen.
- **S:** To guide them with His grace and to handle them with His mercy and to consol them with His passion from violation of evil, we pray and beseech God Lord of all.
- **P:** Amen.
- **S:** All you priests and His holy people, to be His kingdom. Ask God the powerful Lord from all your

hearts and souls, as God is compassionate, merciful and gracious Father who will not allow His inhabitants to die and perish, but to return and live in before Him. Especially we have to pray, thank, worship, praise and honour God the One Father, Master of all. With Christ He gave us virtues hope and salvation of our souls as He continuous with us His grace and mercies forever, Amen.

**(ALL STAND)**

**Server:** By imploring and beseeching the angel of peace and compassion

**People:** We ask you our Lord.

**Server:** We ask day and night all our lives peace for our church and life without sin.

**People:** We ask you our Lord.

**Server:** We ask a covenant of affection intertwined in completeness with the communion of the Holy Spirit.

**People:** We ask you our Lord.

**Server:** We ask forgiveness of sins and assisting our lives and approval of your divinity.

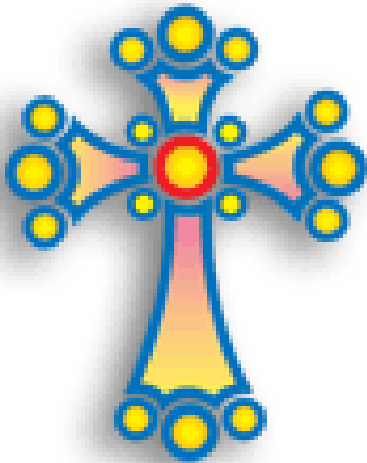
**People:** We ask you our Lord.

**Server:** We ask mercies of the Lord and His compassion always and in all times.

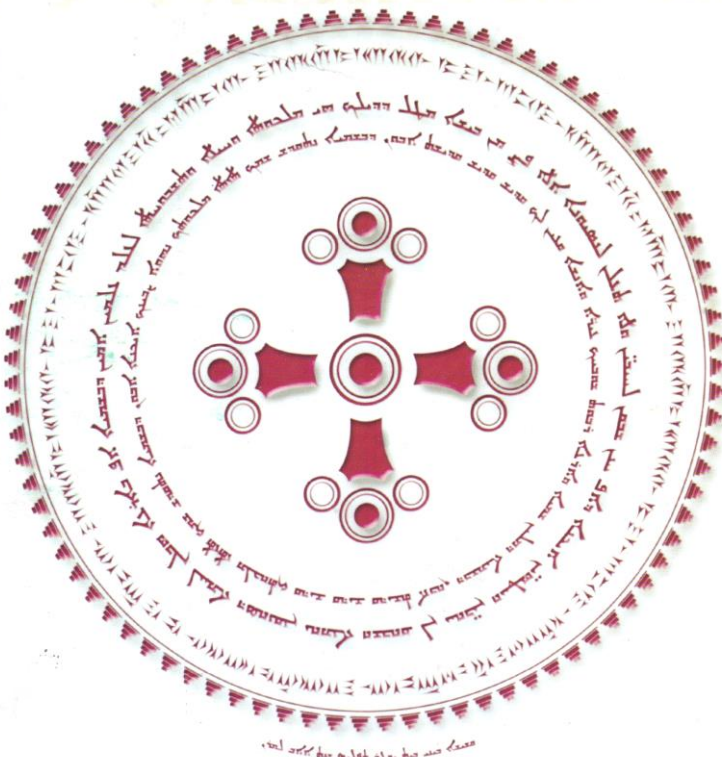
**People:** We ask you our Lord.

## Hail Mary

Hail Mary, full of grace.  
The Lord is with you.  
Blessed are you among women,  
and blessed is the fruit of your womb,  
Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.







الصلاة الربية الطقسية بالكلدانية والمسمارية، إعداد : الأب بيني بيث بذكر - كاهن رعيتنا الكلدانية في نغليس - جورجيا